

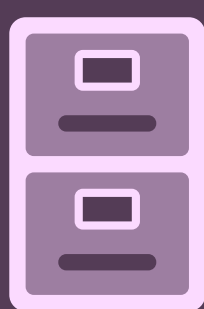
# A STEP BY STEP GUIDE TO GETTING NHS FUNDING FOR DRUG AND ALCOHOL REHAB

Make your safety a priority



## 1 YOUR RIGHTS

Navigating a complex process like NHS funding can be confusing and the temptation to just give up in despair is great. In order to avoid this, and maintain a sense of hope, it is useful to understand your rights and how the system works.



## 2 KEEP GOOD RECORDS

This step is often overlooked. It is a step that is often best carried out by a friend of the person with an addiction, or a family member.

Keeping a printed/paper copy of every appointment, correspondence and relevant document is a useful discipline to set up from the outset.



## 3 GET REFERRED

This represents the first contact with the local authorities. The person with an addiction must be referred into the system.

This means that the individual with the addiction is referred to a local council addiction expert who will take responsibility for his/her case.



## 4 FOLLOW RECOMMENDATIONS

The key worker will recommend one or more community addiction treatments. This may involve detoxes (coming off the drug or addictive substance in a clinically supervised process) and therapy sessions. Search online for the name of your local council plus “addiction services”.

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## 5 SHOW COMMITMENT

As mentioned above, the key worker will be looking for evidence of commitment – to each stage of recommended treatment.

As a general rule this commitment is measured over a number of years, but this will differ from council to council.



## 6 ASSESSMENT FOR RESIDENTIAL REHAB

If all the advice and recommendations are followed the key worker may apply for funding for an extended period of residential addiction treatment (rehab) at a clinic like Castle Craig.